



The Philosophy of the **Bombers Baseball Club of So. California Inc.** matches that of the AABC, CABA, Tripe Crown and USSSA fairly closely. These programs are perhaps the most competitive youth amateur programs in existence. It is an alternative program to Recreation League organizations. The program is very selective due to its competitive nature. Almost every player who plays this type of baseball has "A" level experience or is from another selective competitive team. This program offers an opportunity for committed and talented baseball players to play at a high level of competition consistently. The program fosters individual player development as well as team cooperation, self-discipline, sportsmanship and mutual respect among players, opponents, coaches and officials. Commitment and loyalty to the programs is valued highly. It is our belief that the more committed the player is to the program and his own development as a baseball player, the more improvement and growth he will realize as a player and a person.

Program Goals and Objectives

1. To Value the Importance of Academics, must carry a 2.5 GPA
2. To Improve and Develop the Skills necessary to be a Successful baseball player.
3. To Prepare players for the next level.
4. To Teach the Strategy of the game of baseball.
5. To Foster an understanding of Commitment to Team, Self-Discipline and Sportsmanship.
6. To Involve as many Qualified or Professional coaches as possible.
7. To Provide Tournament and Game schedule so complete that our player will not need to play on other travel/recreation baseball teams.
8. To Experience Culture thru Competitive baseball.

A variety of skill-building drills will be implemented during practice and pre-game warm-ups to develop the habits and muscle memory necessary to improve baseball skills: bunting, hitting, infield and outfield drills, base running, throwing and pitching/catching drills. Conditioning for baseball will also be a vital component of the program. Positive sportsmanship will be encouraged and expected. Negative comments toward teammates and opposing players will not be tolerated. Parents should be positive support for their sons and his teammates at all times and realize that the coaches will do the coaching during practices and games. Most of the coaching and skill building will occur at practices. Practice is like the class work, individual work is the homework and the games are the tests. Practices are a vital aspect of the program. All players are expected to be at all practices and games, except for reasonable excuses. A phone call or prior verbal notification to the manager or assistant coach is expected. If a player cannot make practice or game due to illness or for one of the following reasons which we all agree to prioritize ahead of baseball: 1. Religious Commitment 2. Family Commitment 3. School Commitment. In fairness to all who are at the practices/games, an unexcused absence from a practice will generally result in the player not starting and/or playing the following game (coach discretion). Also due to the nature of the game and the fact that repetitions are important, a player who misses a number of practices/games in succession will be gradually worked back into his starting position (if he is a starter), usually taking about double the time to work back in as he was gone (coach discretion).

1. **Uniforms**

- a. Players must wear an athletic supporter. If you are a catcher you will need a hard cup, other players must wear a soft cup or hard cup. We will sometimes do a cup check--no cup, no play.
- b. Pitchers cannot wear white gloves, wristbands, or sleeves.
- c. Only a black baseball shirt or sweatshirt can be worn beneath your uniform jersey. On cool days dress warmly, especially if you are a pitcher! A lot of sore arms develop because players dress improperly in cool or windy weather.
- d. Uniforms must be worn properly. Jerseys are tucked inside the pants at all times. A player who is improperly dressed or missing part of his uniform is ineligible to play.
- e. Pitchers require special equipment. A jacket is to be included in every pitcher's equipment bag. Pitchers should wear a black long-sleeve or three-quarter-sleeve shirt under their uniform jersey. During games, pitchers are expected to wear a light jacket or windbreaker between innings.
- f. Polish your cleats before every tournament.

2. **Field Conduct**

- a. Warnings and Ejections--If you disagree with an umpire's call, keep your opinion to yourself. Do not throw or kick your bat, helmet, or the dugout fence. Do not argue, mouth off, or glare at an umpire. If you scream or give any lip to an umpire, you will receive an immediate warning from the umpire. Two warnings in the same game, and you are automatically ejected. If ejected, you will be required to attend a disciplinary review hearing. Two ejections and you are suspended for the remainder of the season.
- b. Hustle! Run on and off the field. If you are hustling, you won't have time to give an umpire an angry look or a nasty comment.

3. **Dugout Behavior**

- a. Stay alert and involved in the game. Being in the dugout is game time not break time. Keep your focus on the field and the game that we are playing.
- b. No horse play or verbal abuse of teammates. Your teammates come to the park to compete against the opposing team, not to get put down or mistreated by you. If you do not have something good or constructive to say to a teammate, then keep your lips sealed.
- c. No dugout visitation with parents, friends and siblings. Tell your visitors to go elsewhere and to converse away from the dugout. You can visit with them after the game is completed.
- d. No leaving the dugout without permission from one of the coaches.
- e. No food or soda in the dugout. Eat before you come to the field, or after the game. Sports Drinks and Water are beverages that players may drink.

4. **Post Game**

- a. The Team will clean up the dugout and our side (visitor or home) of the field. Clean up to be completed first, then organize your personal equipment. If you refuse to participate with the team, you will lose playing time.
- b. There will be a brief post-game meeting at the end of every game. Your presence is required. Leaving the park without permission, or running off before the meeting is completed, will be considered an unexcused absence.